

HOW TO USE AN AED

1. Call 911
2. Turn on the AED and follow the visual and/or audio prompts.
3. Open or cut the person's shirt to expose bare skin. If the person's chest is wet, dry it.
4. AEDs have sticky pads with sensors called electrodes. Apply the electrode pads to the person's chest as pictured on the AED pad package.
5. The AED will then start to analyze the patient and check to see if a shock is needed.
6. If a shock is needed, the AED will instruct you stop touching the patient and move clear.
7. If it is an automatic AED, the AED will then shock the patient. If it is a Semi-Automatic AED, it will tell you to push the shock button if a shock is needed.
8. Begin CPR after delivering the shock. Or, if no shock is advised, begin CPR. Perform 2 minutes (about 5 cycles) of CPR and continue to follow the AED's prompts. If you notice obvious signs of life, discontinue CPR and monitor breathing for any changes in condition.