

MANAGING PEOPLE PERSONALITY AND COMMUNICATION STYLES



April 23, 2024 8:30am-12:30pm

9800 Old Placerville Road, Suite 100 Sacramento, CA 95827

Understanding that there are different styles of communicating and making decisions can help you be a successful leader. Based on the work of Carol Ritberger, PhD, you will learn about four personality types. You will gain tools to help you distinguish your personal decision making and communication style and to recognize the differences in your team members and those you supervise. This course will enhance your ability to influence and motivate your staff and your peers.

In this course, participants will:

- Learn the neurological qualities of the 4 different personality types.
- Understand the strengths and differences of the decision making and communication styles.
- Increase skills to enhance communication and resolve conflict in your team.



Hour;

Michele Mariscal has 30 years' experience in the health and wellness field. She is a coach, author, and facilitator in soft skills (personality, communication, resilience). She is Advanced Grief Recovery Method Specialist as well as a Trainer and Coach with the Institute of HeartMath. Her most recent publication is Growing Through Grief – The Alchemy of Healing from Loss.

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For questions or more information contact: afranco@sia-jpa.org