Driving Safely When the Time Changes

SIA data has shown an increase in vehicle accidents in November and March, possibly due to the change in time. Please remember to be extra cautious when driving since the position of the sun may affect your vision. The National Highway Traffic Safety Administration suggests the following to help increase your ability to see:

* Take off your sunglasses at dusk.
* Wipe off your headlights regularly.
* Keep your windshield clean, both inside and out.
* Adjust the rearview mirror to the “night” setting to avoid headlight glare.
* Drive at a safe speed and slow down or pull over if the sunlight interferes with your view.